

**SUPPLEMENTAL RULES FOR
6 and Under | 8 and Under Divisions
(Spring 2026 Season)**

Official current US Soccer Laws of the Game will be used (please reference www.ussoccer.com or the field supervisor if unfamiliar) with local modifications. The following *exceptions* are introduced to 1) emphasize teamwork, 2) provide a learning environment, and 3) provide an opportunity for all players to participate.

SEASON INFO

Teams will play eight total games, all scheduled on Saturdays. Each team will have one weekly practice held on the same day and time throughout the season. Makeup games may be scheduled at any point during the season, with one additional week available after the final regular-season game. No games will be rescheduled beyond May 21st.

GAME INFO

Four ten-minute quarters.

PLAYING TIME

Players **must** play half of each quarter, a minimum of five minutes in each quarter. If a player arrives late, they must play half of each remaining quarter (not including the quarter in which they arrived)

SUBSTITUTION

Officials will stop time at the five-minute mark of all quarters for full team substitutions.

EXCEPTION: players may be substituted at any point during the game if the need arises (injury, lack of participation, exhaustion, etc.). It is the expectation that coaches substitute players evenly and fairly.

GOALKEEPER

Must change every quarter and not play over one-half of the game in that position.

OF PLAYERS

Seven players, including the goalkeeper; five to start. Teams will play even if a referee's disqualification results in a shortage. (Example: If team A shows up with 7 players, then team B will play 7 players.) Teams short may pull other registered players from other teams within their age group to start the game with 7. Game time is the start time. There is NO FORFEIT.

OFFSIDE

Offside **WILL NOT** be used in 6u or 8u divisions. Coaches are advised not to camp their offensive players in the opposition's defensive zone. If it occurs, coaches will be instructed to move them back.

TEAM BENCHES

Each team will occupy its own sideline, as the team that is listed first on the schedule will get first choice of sides. At no time will the same teams occupy the same side. Team members, coaches, and parents must remain on the same side as their team throughout the game. Spectators sharing the same sideline can be asked to move by YCPR Staff.

Coaches will be allowed to coach the entire length of the field. No more than three coaches will be permitted on a sideline or actively coaching at one time.

EQUIPMENT

Size of the ball is a #3. Detachable, metal cleats and toe cleats are prohibited; molded soles are recommended; flat shoes (sneakers) are acceptable; **SHIN GUARDS ARE REQUIRED**. Socks must **completely** cover the shin guards.

Jewelry, watches, rings, or hard or metal pieces in the hair are not allowed during practices or games. Piercings may not be covered and must be removed to participate. Temporary plastic earrings may be allowed if they are not protruding and are flush with the ear.

Shorts with pockets or zippers are prohibited. Pockets or zippers may not be covered by any item.

AWARDS

No post-season tournament and standings are not recorded.

UNSPORTSMANLIKE CONDUCT

All players and coaches will be suspended for a minimum of one (1) game upon notice of their third yellow card in a season issued by the referee. Any player or coach ejected from a game (receiving a red card by a referee) will automatically be suspended for one (1) game for unsportsmanlike conduct and two (2) games for fighting. The suspension will be served during the next scheduled game (s) by his/her team. No notice of the suspension will be required. In the event a player/coach deviates from the suspension, suspension for the season will be considered.

HEADERS

Players at this age level shall not engage in heading, neither in practices nor in games. When a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred. Any player suspected of suffering a head injury must be substituted for evaluation.

SLIDE TACKLES

Slide tackling will be prohibited during all practices and games. Slide tackles will be immediately whistled as fouls in these age groups, resulting in an indirect free kick. Continuous slide tackling will result in a yellow or red card, respectively. The coach should instruct their players that slide tackling is dangerous and not allowed.

RESTARTS IN GOAL BOX (GOAL KICKS, INDIRECT KICKS, PENALTY KICKS)

The ball must clear the goal box before it can be touched by either team.

DROP BALL

A drop ball will be called when the ball hits the referee, and possession is not regained by the team in possession of the ball when it hits the referee. If possession is regained and that does not result in an immediate attack on the goal, then play will continue. All drop balls will be dropped to the team that had possession when the infraction occurred. Any drop ball called in the penalty area will be dropped to the keeper.